



Discovery Health Presents Its Most Dramatic and All New Baby Week

SILVER SPRING, Md., Feb. 9 /PRNewswire/ -- The addition of a baby to a family is supposed to be one of life's happiest events - but for some, the road can be a little rocky.

Discovery Health's all-new **BABY WEEK** kicks off on **Monday, March 1 at 8 PM (ET/PT,)** showcasing the joys - and the struggles - that arrive with a new baby. With four all-new specials airing nightly through Thursday, March 4, **BABY WEEK** follows the first-hand accounts of parents facing the challenges that accompany their little bundles of joy.

From the difficult topic of postpartum depression, to unorthodox parenting styles, to miracle pregnancies, this **BABY WEEK's** programming slate offers a unique and candid glimpse into what life is sometimes like after baby.

"With **BABY WEEK**, Discovery Health presents an honest, relatable viewpoint on some of the challenges real parents are facing, and reinforces what parents everywhere know to be true - raising children is incredibly hard work, but well worth the effort," said Laura Michalchyshyn, President and General Manager of Discovery Health, Planet Green, FitTV, and Treehugger.com.

BABY WEEK will feature the following all-new premiere programs:

POSTPARTUM NIGHTMARES

NEW SPECIAL! Premieres Tuesday, March 2, at 8 PM (ET/PT)

In this compelling special, Discovery Health explores a topic that has touched many mothers: postpartum depression. Showcasing a range of postpartum experiences from depression to psychosis, **POSTPARTUM NIGHTMARES** explores how this devastating emotional condition can create turmoil and wreak havoc on the lives of those affected.

Additionally, mothers with first-hand experience and leading clinical experts provide methods for emerging from the darkness of this debilitating condition.

POSTPARTUM NIGHTMARES is produced for Discovery Health by **Mike Mathis Productions**. For Discovery Health, Alon Orstein is executive producer and for Mike Mathis Productions, Mike Mathis and Brian Puterman are executive producers.

RADICAL PARENTING

NEW SPECIAL! Premieres Wednesday, March 3, at 8 PM (ET/PT)

Discovery Health delves into non-traditional forms of parenting in this hour-long special.

From overly-attentive parenting to "hands-off" parenting, to raising a child gender-neutral, these parents -and many like them - are choosing to march to the beat of a

different drum when it comes to child rearing.

RADICAL PARENTING is produced for Discovery Health by **Mike Mathis Productions**.

For Discovery Health, Alon Orstein is executive producer and for Mike Mathis Productions, Mike Mathis and Brian Puterman are executive producers.

About Discovery Health:

Discovery Health Media includes the Discovery Health and FitTV television networks and online assets including www.discoveryhealth.com, as well as its Continuing Medical Education (CME) business and Discovery's first stand-alone VOD service, Discovery Health On-Call. Discovery Health Media is part of Discovery Communications (DISCA, DISCB, DISCK), the world's number one nonfiction media company, reaching more than 1.5 billion cumulative subscribers in over 170 countries. Discovery empowers people to explore their world and satisfy their curiosity through 100-plus worldwide networks, led by Discovery Channel, TLC, Animal Planet, Science Channel, Planet Green, Investigation Discovery and HD Theater, as well as leading consumer and educational products and services, and a diversified portfolio of digital media services including HowStuffWorks.com. For more information, please visit www.discoverycommunications.com.

Web: discoveryhealth.com

Twitter: [@Disc_Health](https://twitter.com/Disc_Health)

Facebook: facebook.com/discoveryhealth